



# C.A. SPIRIT

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.  
HELP LINE 414-445-LIFE (5433)

C.A. SPIRIT, ISSUE 37

C.A.W.A. WEB-SITE: [cawisconsin.org](http://cawisconsin.org)

**JUNE 2004**  
W.S.O. WEB-SITE: [ca.org](http://ca.org)

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## G.I.F.T.S Getting It From The Steps

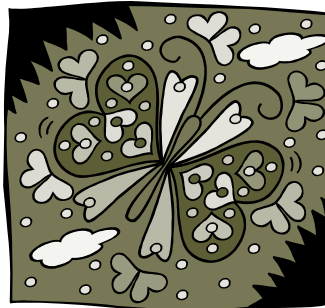
### SIXTH STEP

Were entirely ready to have God remove all these defects of character.

Working through my 4th and 5th Steps gave me a new found awareness of some of my patterns of behaviors and character defects. A lot of these things that I discovered about myself I did not like at all. I wanted to change them but did not really know how. How was I going to change lifelong habits of selfishness, lying, manipulating, sarcasm, vanity and more?

My sponsor sent me to the Big Book where the word "willingness" seemed to jump out of the page at me. Was I willing, entirely willing? To let go of *all* these defects of character? Using cocaine, yes absolutely. It had whipped me physically, emotionally and spiritually. But for the rest, I had to honestly admit I was not yet ready to let go of all my character defects. Some of them had been survival skills and I got comfortable with

them. I wasn't sure I wanted to let go of all my sarcasm, dishonesty, selfishness, and manipulating... I was afraid.



The Big Book assured me that by living in the process of these Steps and working them the best that I could, my Higher Power could and would do for me what I could not do for myself. This made sense to me. I couldn't stay straight, no matter what. But God did it for me when I asked for His help and I did the footwork. Why wouldn't this work the same for any or even all of

my character defects? If I'm not ready to let go of everything, the Big Book tells me to pray for the willingness. With this process in Steps 1, 2, 3,... I can't, God can, I have to let Him...come to fruition in the 6th Step as I gain the willingness to change. It also seems the most natural progression to go to the 7th Step and ask for the help that I need to change. My Higher Power will continue to change me as long as I remain willing and open to His will for me.

This is the miracle of the process of my recovery, one day at a time, one step at a time. I work and pray to align my will with God's will for me. My Higher Power gives me everything I need and more. Love, serenity and peace. I learned this from all of you, my recovering friends. Thank you all.

-Sue W.

C.A. SPIRIT—is always looking for submissions. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210, or e-mail the editor at: [xrebellion@wi.rr.com](mailto:xrebellion@wi.rr.com)

Submission deadline: 2nd Tuesday of each month—6:30 PM, for the following month's publication.

*Interested in putting together this newsletter? Please attend the Delegate Committee service meeting.*

## TRADITION SIX

**A C.A. group ought never endorse, finance or lend the C.A. name to any related facility or outside enterprise, lest problems of money, property and prestige divert us from our primary purpose.**

In the Twelve and Twelve book it discusses how some early A.A. groups had ideas to build hospitals, rewrite schools, medical textbooks, change laws, become parole agents, and resolve differences between religion and medicine. And if that wasn't enough they also thought they

could "clean up politics".

Thank God that there were some members that were able to see how devastating this could have been. Their primary purpose would have been lost.

Cocaine Anonymous has given me what all those other "ideas" did not

and could not do. C.A. has given me a set of spiritual principles and ideals to live by. A new way of life that truly is more wondrous than I ever could have imagined. The best "ideas" definitely are the Twelve Steps and the Twelve Traditions.

-Ann M.

*New*  
Wisconsin Area Web Site Address  
**cawisconsin.org**



-Internet Committee



## Rafting Trip

June 11, 12, 13  
2004

\$50 includes... 2 Nights of Camping  
& a 5 Hour River Run

\$10 Deposit.. due May 21, 2004

\$50... Total due by June 1, 2004.

River Forest Rafts & Campground  
N2755 Sunny Waters Ln.  
White Lake, WI 54491

For more information contact:  
Lori C. 414-769-0992 or Mark H. 262-227-6537

-Special Events Committee

### IT'S IN THE BOOK

### *Ask A Member*

*The Big Book of Alcoholics Anonymous is the basic text of Cocaine Anonymous.*

**Q:** Dear Member, Some people in meetings that I attend talk about how God is working in their lives and they seemed to be growing spiritually in the program. I'm stuck on what God is to me. I have a religious background and believe there is a God, but don't believe everything I was taught. How can I begin to let God work in my program too?

-Stuck

**A:** Dear Stuck, Big Book, p. 47; "Do not let any prejudice you may have against spiritual terms deter you from honestly asking yourself what they mean to you. At the start, this was all we needed to commence spiritual growth, to effect our first conscious relation with God as we understood Him. Afterward, we found ourselves accepting many things which had seemed entirely out of reach. That was growth, but if we wish to grow we had to begin somewhere. So we used our own conception, however limited it was."

*Send your questions to: It's In The Book, Ask A Member, c/o C.A. SPIRIT, mail to C.A.W.A. Central Office or e-mail to the editor at: xrebellion@wi.rr.com*

## Bones

Every organization seems to be made up of four different kinds of "Bones".

There are the "Wishbones" who keep wishing someone else would do the work.

There are the "Jawbones" who talk a lot and do as little as possible.

There are the "Knucklebones" who rap anything anyone does.

And finally, the "Backbones" who get under the load and get the work done.

-Anonymous

## 9th Annual C.A. of Wisconsin Area Convention "Miracles Among Us"

February 4, 5, 6, 2005

*In Search of...*

Artwork and Addicts!

Have a desire to have fun?

Join us in Love & Service

Convention Planning Committee



Next Meeting

Saturday June 12, 2004

Central Office, 5:00 PM

*Artwork Deadline*  
06/12/2004

-Convention Committee

## Ladies of C.A. 3rd Annual Conference "Changing, Growing, Becoming Ladies"

July 10, 2004

Akron, Ohio

Women in Wisconsin Area  
who are interested in going contact:

Ann M.  
414-315-0287

Diane W.  
414-915-8913

## Humor Corner



*Have some a good recovery humor?  
Send it in!*



C.A. SPIRIT, is a monthly publication of Cocaine Anonymous of Wisconsin Area. It is intended solely for information to the members of Cocaine Anonymous. We hope to communicate the experience, strength, and hope of C.A. members reflecting recovery, unity, and service, within the bounds of friendliness and good taste. C.A. SPIRIT Newsletter presents experiences and opinions of Cocaine Anonymous members. Those opinions expressed herein are of the individual contributors and are not to be attributed nor taken as an endorsement by either Cocaine Anonymous or C.A. SPIRIT. The editors reserve the right to edit any submissions in adherence to the Twelve Traditions of Cocaine Anonymous. If you would like to know more about Cocaine Anonymous, the Twelve Steps and the Twelve Traditions, please write and ask for C.A. World Service Conference approved literature. C.A.W.A., 3060 N. 68th Street, Milwaukee, WI 53210, C.A. World Service Office web page: [www.ca.org](http://www.ca.org)

# JUNE 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3	4	5
That light at the end of the tunnel may be you.						
6	7	8	9	10	11	12
					Rafting Trip Weekend Convention Meeting Saturday	
13	14	15	16	17	18	19
		(ASC) Area Service Committee Meeting				
20	21	22	23	24	25	26
	Summer Begins					
27	28	29	30			
Honesty is the absence of the intent to deceive.						

## June Birthdays Sobriety Clean Time



Brigid R. June 1st 14 years  
Ann M. June 5th 13 years  
Dave S. June 7th 5 years  
Danny N. June 25th 11 years

## Miracles Happen!

Service Committee meetings held at:  
C.A.W.A. Central Office  
3060 N. 68th Street, Milwaukee, WI 53210  
*All C.A. members are welcome  
and encouraged to attend.*

June 1st 5:30 PM  
June 12th 5:00 PM  
June 14th 5:45 PM  
June 14th 7:00 PM  
June 15th 6:30 PM  
June 15th 6:00 PM  
June 15th 6:00 PM  
June 15th 6:30 PM  
June 22nd 6:00 AM  
June 22nd 6:30 PM  
June 27th 12:00 PM

Special Events Committee / 1st Tuesday  
WI Area Convention Committee / 2nd Saturday  
Central Office Committee / 2nd Monday  
Public Information Committee / 2nd Monday  
Delegate Committee / 2nd Tuesday  
Treasurer Committee / 3rd Tuesday  
Finance Committee / 3rd Tuesday  
Internet Committee / 3rd Tuesday  
Retreat Committee / 4th Tuesday, 220 E. Michigan  
Structures & Bylaws / 4th Tuesday  
Hospitals & Institutions Committee / Last Sunday  
Unity Committee / Call Billy B. 414-771-8860

## Message Board

**20th Cocaine Anonymous World Service Convention, "Spotlight on Recovery", May 27th-31st, 2004**, Hilton Los Angeles/Universal City, 555 Universal Hollywood Drive, Universal City, CA, 91608, (818-506-2500), \$149.00 King or Double Bed, Please ask for the CAWS 2004 room rate when making your reservations. Additional \$35.00 room fee for more than two quest, except for persons 18 or under. Contact Ralph W.-Outreach Chair at: [ralphwhite@yahoo.com](mailto:ralphwhite@yahoo.com) or the CAWS 2004 web site for more information: [www.caws2004.org](http://www.caws2004.org)

**Special Events: Rafting Trip, June 11, 12, 13, 2004**, \$50 includes 2 Nights of Camping & 5 Hour River Run. \$10 Deposit. Due May 21, 2004. \$50... Total due by June 1, 2004. River Forest Rafts & Campground N2755 Sunny Waters Ln. White Lake, WI 54491. For more information contact: Lori C. 414-769-0992 or Mark H. 262-227-6537

**9th Annual C.A. of Wisconsin Area Convention, "Miracles Among Us", February 4, 5, 6, 2005**, The Convention Planning Committee is looking for Artwork reflecting our 2005 theme, *Miracles Among Us*, Deadline next meeting on Saturday June 12th, 2004. All C.A. members and groups are encouraged to attend and be of service.

**16th Annual Midwest Regional Convention, "The Keys of The Kingdom", November 5, 6, 7, 2004**, Hilton Northfield, 5500 Crooks Rd., Troy MI 48098, 248-879-2100, \$69.00 plus tax. Please ask for the CA Midwest Regional Convention room rate when making your reservations. Convention Registration Chair: Paula H. Ph. 517-694-1023, e mail: [hunterp@michigan.gov](mailto:hunterp@michigan.gov)

**-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-**  
Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: [xrebellion@wi.rr.com](mailto:xrebellion@wi.rr.com)