



C.A. SPIRIT

COCAINE ANONYMOUS OF WISCONSIN AREA, INC.

C.A. SPIRIT, ISSUE 39

AUGUST 2004

HELP LINE 414-445-LIFE (5433)

C.A.W.A. WEB-SITE: cawisconsin.org

W.S.O. WEB-SITE: ca.org

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EIGHTH STEP

Made a list of all persons we had harmed, and became willing to make amends to them all.

I have just finished my Seventh Step, in which I likened to a spiritual weed eating session. I've plucked all the giant spiritual weeds, (shortcomings) from my lawn of life, only to turn around and notice all the little weeds I missed. My sponsor assured me that these Steps are on going and I need to move onto the Eighth, but keep practicing the Seventh.

I went to a meeting once where a newcomer described the Eighth Step perfectly. She got up and said the Eighth Step is making a list of all the people that I had harmed. I need not worry about the people that harmed me. Then I need to get ready

to make amends to them. And she sat down. Her words were simple but true. I thought about the people that had harmed me, but by the Eighth Step I had already dealt with my feelings of hurt. So she was right.



Again I placed pen in hand and called my sponsor. He told me to remember to include financial amends too

(sometimes we tightwad addicts forget to include our debts). He told me to include all persons I had harmed alive or dead. I was to scour my past for all emotional, mental and physical harms I had done to others. I didn't include myself because I have already done my Fourth, Fifth, Sixth and Seventh Steps. And if I hadn't dealt with myself by now I better go back and do the Steps again because the Eighth Step is about dealing with others.

After a few weeks I had a thorough list together and was ready to do a Ninth Step.

-Anonymous

**Enjoy the
Journey**

Now we go out to our fellows and repair the damage done in the past. We attempt to sweep away the debris which has accumulated out of our effort to live on self-will and run the show ourselves. If we haven't the will to do this, we ask until it comes. Remember it was agreed at the beginning *we would go to any lengths for victory over alcohol (drugs).*

-A.A. Big Book, p. 76

C.A. SPIRIT—is always looking for submissions. If you have ideas, poems, stories, recovery humor or any special group related information that you would like to see in this publication, please send to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210, or e-mail the editor at: xrebellion@wi.rr.com

Submission deadline: 2nd Tuesday of each month—6:30 PM, for the following month's publication.

Interested in putting together this newsletter? Please attend the Delegate Committee service meeting.

TRADITION EIGHTH

Cocaine Anonymous should remain forever non-professional but our service centers may employ special workers.

We have discovered that at the point of professionalism, money and spirituality do not mix. Almost no recovery from alcoholism (addiction) has ever been brought about by the world's best professionals, whether medical or religious.

-Twelve and Twelve, p. 166

Our Twelfth Step is never to be paid for, but those who labor in service for us are worthy of their hire.

-Twelve and Twelve, p. 171

Presently in our C.A. of Wisconsin Area there is not a need to employ special workers. We have been functioning with members volunteering in the spirit of love service.

-Rick D.

*The C.A. program is like a bicycle...
you can coast for a while
but if you don't start pedaling,
you'll soon fall on your butt.*

*Register soon!
Limited spots available.*

**October 8, 9, 10
2004**

*\$85.00 approximate cost
\$20.00 Deposit taken*

Contact Jane O. 414-486-1189



*Look out for
Retreat Flyer &
Registration Form*

*Green Lake Conference Center
W2511 State Road 23
Green Lake WI, 54941*

-Retreat Committee

IT'S IN THE BOOK

*Ask
A Member*

The Big Book of Alcoholics Anonymous is the basic text of Cocaine Anonymous.

Q: Dear Member, What turns me off is when anyone shares in meetings to what sounds religious talk. At times it's hard for me not to be judgmental. I consider my personal beliefs as spiritual. How can I let go?

-Spiritual

A: Dear Spiritual, Big Book, pp. 49-50, "We used to amuse ourselves by cynically dissecting spiritual beliefs and practices when we might have observed that many spiritually-minded persons of all races, colors, and creeds were demonstrating a degree of stability, happiness and usefulness which we should have sought ourselves. Instead, we looked at the human defects of these people, and sometimes used their shortcomings as a basis of wholesale condemnation. We talked of intolerance, while we were intolerant ourselves. We missed the reality and the beauty of the forest because we were diverted by the ugliness of some its trees. We never gave the spiritual side of life a fair hearing."

*Send your questions to: It's In The Book, Ask A Member, c/o C.A. SPIRIT, mail to C.A.W.A. Central Office
or e-mail to the editor at: xrebellion@wi.rr.com*

G.S.R. Orientation Meeting

Every 2nd Tuesday/6:00 PM.
Right before the ASC meeting at C.A.W.A. Central office.

Group Service
Area Service
12 Traditions
Questions or Concerns?



Open to new Group Service Representatives
and all members interested.

-Delegate Committee

Annual C.A. of Wisconsin Area Anniversary



Sunday September 12, 2004

11:00 AM—til' ?

SOUTH SHORE PARK

Picnic Area 1 & 2
2900 S. South Shore Drive
Milwaukee, WI 53207

Meat provided by WI Area.
Soda & Water available.

Picnic Committee needs volunteers to help from Grill Cooks to Set-up & Clean-up. Groups are encouraged to donate...

Contact: Sally J.
414.875.6715

Sponsor/Sponsee Relay Races

Children Activities

Home Group Volleyball

Speaker Meeting



Fun & Fellowship,
Everyone Welcome!

-Special Events Committee



9th Annual C.A. of Wisconsin Area Convention

"Miracles Among Us"

February 4, 5, 6, 2005

Get Involved... Join us in love & service.
We Meet... Every 2nd Sunday / 5:00 PM
C.A.W.A. Central Office

-Convention Committee

The Uncola's Group Presents... "The Sober Summer Campout" August 20, 21, 22, 2004



Menomonee Park
W220 N7884 Townline Road
Menomonee Falls, WI 53051

Adults \$6, Children \$3, per/night, BYO Camping Gear and Food!

Registration deadline: August 1, 2004

Contact: Katie S. 414-489-1793
Katiesmith@wi.rr.com

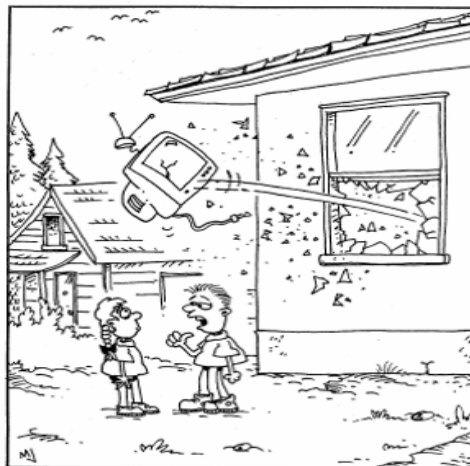
-Friday Night Uncola's Group

*We come to the program thinking we
are at the end of the line, whereas we
are just at the start of a journey...*

Humor Corner



*Have some a good recovery humor?
Send it in!*



*"Never mind that.
I have to live with my
dad who hasn't been
going to meetings."*

C.A. SPIRIT, is a monthly publication of Cocaine Anonymous of Wisconsin Area. It is intended solely for information to the members of Cocaine Anonymous. We hope to communicate the experience, strength, and hope of C.A. members reflecting recovery, unity, and service, within the bounds of friendliness and good taste. C.A. SPIRIT Newsletter presents experiences and opinions of Cocaine Anonymous members. Those opinions expressed herein are of the individual contributors and are not to be attributed nor taken as an endorsement by either Cocaine Anonymous or C.A. SPIRIT. The editors reserve the right to edit any submissions in adherence to the Twelve Traditions of Cocaine Anonymous. If you would like to know more about Cocaine Anonymous, the Twelve Steps and the Twelve Traditions, please write and ask for C.A. World Service Conference approved literature. C.A.W.A., 3060 N. 68th Street, Milwaukee, WI 53210, C.A. World Service Office web page: www.ca.org

AUGUST 2004

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
A joy shared is twice the joy, a pain shared is half the pain.						
8	9	10	11	12	13	14
Convention Planning Committee						
15	16	17	18	19	20	21
(ASC) Area Service Committee Meeting						
Uncola's Campout Begins...						
22	23	24	25	26	27	28
Uncola's Campout Ends...						
29	30	31				
Life is not painful... it's my resistance to life that cause me pain.						

August Birthdays Sobriety Clean Time



Zena W. August 23rd 2 years
Sally J. August 27th 2 years
Wayne W. August 29th 7 years

Easy Does It... Congratulations!

Service Committee meetings held at:
C.A.W.A. Central Office
3060 N. 68th Street, Milwaukee, WI 53210
All C.A. members are welcome
and encouraged to attend.

August 3rd	5:30 PM	Special Events Committee / 1st Tuesday
August 8th	5:00 PM	WI Area Convention Committee / 2nd Sunday
August 9th	7:00 PM	Public Information Committee / 2nd Monday
August 10th	6:30 PM	Delegate Committee / 2nd Tuesday
August 21st	12:00 PM	Unity Committee / 3rd Saturday
August 17th	6:00 PM	G.S.R. Orientation Meeting / 3rd Tuesday
August 17th	6:00 PM	Treasurer Committee / 3rd Tuesday
August 17th	6:00 PM	Finance Committee / 3rd Tuesday
August 17th	6:30 PM	Internet Committee / 3rd Tuesday
August 29th	12:00 PM	Hospitals & Institutions Committee / Last Sunday
August 24th	6:30 PM	Structures & Bylaws Committee / 4th Tuesday
Retreat Committee / Jane O. 414-364-1196		
Central Office Committee / Phil R. 414-916-3922		

Message Board

Sunday Night Strength Candlelight Group, "Open Panel Meeting", August 8, 2004, TOPICS: Step 7, Tradition 7, True Humility. Everyone invited to our quarterly panel speaker meeting. Non-smoking/outdoor smoke break.

Friday Night Uncola's Group, "The Sober Summer Campout", August 20, 21, 22, 2004, Menomonee Park, W220 N.7884, Townline Road, Menomonee Falls, WI 53051, See Flyer. Contact: Katie S. 414-489-1793, katiesmith@wi.rr.com Registration Deadline: August 1st, 2004.

C.A. World Service Conference, "United in Love and Service", August 31—September 5, Los Angeles, CA, Delegates provide a link between the Groups within the Fellowship. WSC referrals need to be given to the WI Area Delegates by the 08/17/2004, Area Service Committee. Need help with a referral for the WSC? Delegate Committee meeting is the 2nd Tuesday at 6:30 PM.

C.A. of Wisconsin Area Annual Anniversary Picnic, September 12, 2004, South Shore Park, Picnic Area 1 & 2, 2900 S. South Shore Drive, Milwaukee, WI. 53207, 11:00 AM—til' ?, Feel free to bring side dishes. See Flyer. Contact: Sally J. 414-875-6715.

9th Annual C.A. of Wisconsin Area Convention, "Miracles Among Us", February 4, 5, 6, 2005, The Convention Planning Committee is always in need of help from our membership. We met on the 2nd Sunday of every month at 5:00 PM, Central Office. All C.A. members and groups are encouraged to attend and be of service.

16th Annual Midwest Regional Convention, "The Keys of The Kingdom", November 5, 6, 7, 2004, Hilton Northfield, 5500 Crooks Rd., Troy MI 48098, 248-879-2100, \$69.00 plus tax. Please ask for the CA Midwest Regional Convention room rate when making your reservations. Convention Registration Chair Paula H. Ph. 517-694-1023, e mail: hunterp@michigan.gov

21st Cocaine Anonymous World Service Convention, "Rendezvous on the River", May 26—30, 2005, Memphis Marriott Downtown, 250 N. Main Street, Memphis, TN, 38103, 888-557-8740, Mention "CAWS" when reserving your room; rate \$127.00. Register early to ensure availability. Registration Chair: Rickey J. Ph#: 901-569-4572 e-mail: registration@cawsconvention.org

-Give a message of HOPE to the newcomer. Submit your sobriety/clean time anniversary to our Area's newsletter calendar-
Write to: C.A. SPIRIT, c/o C.A.W.A. Central Office, 3060 N. 68th Street, Milwaukee, WI 53210 or e-mail the editor: xrebellion@wi.rr.com